

Peace – **“What days/times to trade the markets and with what strategy?”**

First Things First – The key is a **“Probabilistic Mindset”** and **“Mechanical Process”**.

Let Risk Management close trades for Profit Maximization. (don't close trades too early)

Trading Days: **Tuesday, Wednesday, Thursday** (Journal and Re-group on Friday)

Trading Times: **9:30am EST to 12pm EST** (NY lunchtime)

I am working with **MNQ**, because the symbol allows low risk. Good idea for beginners, to avoid expensive account reset fees. Mechanical Process Devotion = Profitability.

Monday: **“Accumulation day”** – often consolidation – building ranges – “choppy” –

Tuesday/Wednesday: **“Manipulation day”** – watch for sweep of Monday's high or low, or response at “Opening Gap”.

Thursday: **“Expansion day”** – Risk Management is important to Maximize profit.

Opening Range Level trading or FVG (scalps) between levels is ok for Monday and Friday.

Before Market Open: Mark levels - Previous Daily High/Low, and Previous Session Levels Asia/London highs/lows, as well as 4 hour, 1 hour and 15 minute FVGs.

Opening Range Candle levels (Highs/Lows) to be aware of in EST time:

5-minute (9:30-9:35), 15-minute (9:30-9:45), and 30-minute (9:30-10:00)

Strategy # 1 – Key Level Sweep Trade Setup:**IF:**

- 1) 5-min candle closes BEYOND a key level (SIGNAL)
- 2) 5-min candle closes back INSIDE the level (CONFIRMATION)
- 3) 1 min or 30 second chart FVG-123 respect beyond the 5 min “closure” level expresses “Acceptance” of the closure level. (Smart money is protecting order flow intention through continued “Displacement” and FVG-123 respect is the “Probability Edge”)
- 4) Room for at least 1:2 (Risk/Reward) to next level.

THEN:

Wait for FVG-123 "Respect" on 1-min or 30-sec chart

Risk Management, Stop loss:

Place stop loss above/below the 5-min "closure" (Manipulation) candle plus 3 to 5 points.

Move stop to Breakeven – B.O.S. and FVG respect (“Protected FVG”), **Trail** – Protected FVGs, **Adjust** - if price reaches a key level, then move stop loss to the previous candle to the level, or nearest FVG.

Strategy # 2 - “Continuation Trade Setup” at Key Level:**IF:**

- 1) 5 min candle closure Beyond Key Level

THEN:

- 2) 1 min or 30 second chart FVG-123 respect beyond the 5 min “closure” level expresses “Acceptance” of the closure level. (Smart money is protecting order flow intention through continued “Displacement” and FVG-123 respect is the “Probability Edge”)
- 3) Room for at least 1:2 (Risk/Reward) to next level.

Risk Management, Stop Loss:

Stop placed above/below the 5 min “closure” candle plus 3 to 5 points.

Move stop to Breakeven – B.O.S. and FVG respect (“Protected FVG”), **Trail** – Protected FVGs, **Adjust** - if price reaches a key level, then move stop loss to the previous candle to the level, or nearest FVG.

Strategy # 3 – “15-5-1 FVG Respect” trade setup:

IF:

- 1) 15 min FVG and Retracement into the FVG
- 2) 5 min candle closes beyond the FVG level

THEN:

- 3) 1 min or 30 second chart FVG-123 respect beyond the 5 min “closure” level expresses “Acceptance” of the closure level. (Smart money is protecting order flow intention through continued “Displacement” and FVG-123 respect is the “Probability Edge”)
- 4) Room for at least 1:2 (Risk/Reward) to next level.

Place Stop Loss behind the 15 min FVG plus 8 to 10 points (to allow for breathing room)

Move stop to Breakeven – B.O.S. and FVG respect (“Protected FVG”), **Trail** – Protected FVGs, **Adjust** - if price reaches a key level, then move stop loss to the previous candle to the level, or nearest FVG.

Now for a Higher Time Frame Trading Strategy, that has more of a longer time frame vibe.

Strategy # 4 – (HTF) Higher Time Frame - 4 hour and 1 hour FVG Respect.

IF:

- 1) 4 hour or 1 hour FVG forms, with a retracement of price back to the HTF FVG.
- 2) 5 min candle closure beyond HTF FVG level, and FVG-123 on 5 min for confirmation (Because we are dealing with a higher time frame FVG, the 5 min FVG-123 is the “Probability Edge”).

THEN:

- 3) 1 min or 30 second chart FVG-123 respect beyond the 5 min “closure” level expresses “Acceptance” of the closure level. (Smart money is protecting order flow intention through continued “Displacement” and FVG-123 respect is the “Probability Edge”)
- 4) Room for at least 1:2 (Risk/Reward) to next level.

Risk Management:

Move stop to Breakeven – B.O.S. and FVG respect (“Protected FVG”), **Trail** – Protected FVGs, **Adjust** - if price reaches a key level, then move stop loss to the previous candle to the level, or nearest FVG.

The EDGE is PATIENCE –

The Process is the Win –

If U followed the process – U win –

Peace