

Peace. Here is a charts journaling for NY session open on MNQ, 3-18-26

This session I did not catch the trade, yet my chat with the AI Trade Assistant (“Coach”) was really encouraging, and it helped me validate the 5 min candle closure strategy, because it was able to identify the Market Momentum.

Knowing a strategy is the beginning, and being able to implement it during a session takes practice.

I imagine that soon an indicator will be able to signal Momentum and trade entries, with descriptions on the chart.

I am working on optimizing the MFB indicator to accomplish exactly that :O)

Onwards and upwards.

The Process is the peace.



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