

“I.B.T” – Institutional Behavior Trading

Peace –

Why is the title of this PDF, “I.B.T” – Institutional Behavior Trading?

Because I learned that the market is actually a reflection of Institutional Behavior Patterns.

Behavior patterns that repeat due to overlapping market sessions, and position adjustments.

In this PDF, I'll share what I learned in a chat with a trade assistant - about how to use the **Awareness of Institutional Behavior Patterns** to trade.

Okay, "long story longer", "First Things First", what is an "Institutional Behavior Trading" strategy idea that I learned, and how to use it to win at trading?

- 1) Let the indicator monitor Key levels
- 2) FVG-123 structure shift response at the Key level (Momentum change)

A trader makes money when price moves in the direction they thought it might. (A buy or sell decision – “position”)

The indicators mentioned here are meant to be used for signals and alerts.

All a person has to do is manage the technology – peace -

- Very simply -

- The Process is the Win -

- Trust the strategy, and trade with a probabilistic mindset –

- Don't judge success on just one trade – it's a series of trades that will probabilistically win as a group.

- Patience is the EDGE.

There are time Windows of the day, that Successful Traders advise are good to look for setups.

I am working with MNQ, and maybe Gold – the symbols have to be checked as “the current symbol” with “cmegroup.com” before every session. (type the symbol in the search bar)

High Probability Trading Windows are as follows (choose one or two):

- 1) **7:30 to 9:00 a.m.** Eastern Time (EST) is the highest volume manipulation. Overlaps with London session. Overnight positioning adjustments. New capital joins the market. Note London session price

moves. What direction did price expand during 2 to 5 am EST? The NY session often reverses through the London expansion. 7am EST is a good time to check the markets.

Be careful at 8:30 a.m. EST, because there is often economic news, which creates price spikes that may get in the way of trade setups. (there is debate about that subject, yet I try to avoid the news spikes)

2) **2:00am to 5:00 a.m. EST** "London open" -

Institutional behavior often sweeps Asia session key levels.

3) **10:00 a.m. to 11:00 a.m. EST** London close -

Watch for sweep and reversal patterns, especially if there was an expansion of price during the London session. Profit taking from the London session causes big price moves.

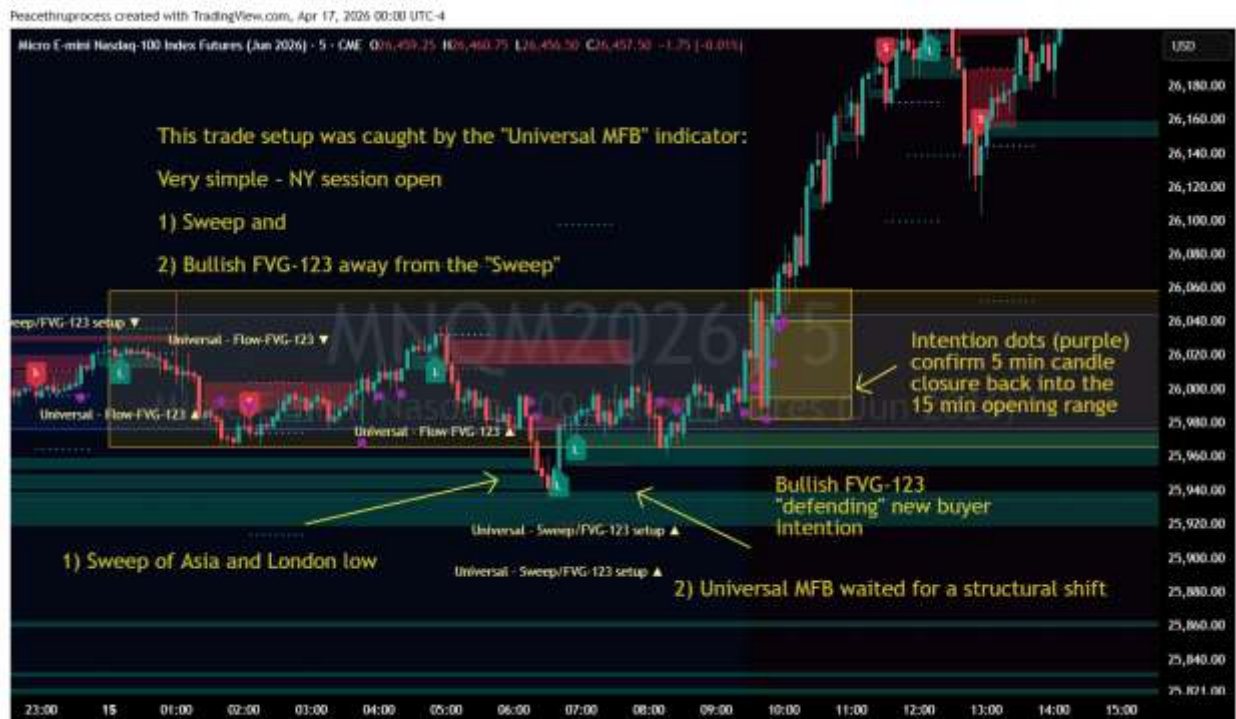
4) **1:30 p.m. to 3:00 p.m. EST** - "Afternoon Repositioning".

Often clean setups. Less volume – easier manipulation.

Viewed in 3rds: 1:30pm Manipulation – 2pm Distribution – 3pm Continuation

5) Weekly - **Sunday 6pm to 12am EST** – Gap fills from the weekend.

Here is a picture of the “Universal MFB – Flow/Sweep/FVG-123 Setup” indicator, and how it read the key levels printed from the “Momentum Flow Build w/ FVG v6 (clean)” indicator to signal a winning “Sweep and FVG-123” trade.



TradingView

Now that I know what times to have the charts open, I will be setting the indicator alerts, learning from the indicator setups, and sharing the progress weekly.

It's the future of "Automation Management":

I like the 5 min chart for the “Sweep and FVG-123” setup.

- 1) Price sweeps a key level, with a 5 min candle closure beyond the level.
- 2) 5 min chart FVG-123 Trade entry confirmation (either reversal or continuation)

So, there we have it. Times to trade, and a strategy to work with.

I only mentioned that one strategy example for now, because its important to keep focused.

As far as a beginner goes, and how to go about working with these times to ultimately click a buy and sell button, with a stop loss and take profit?

Well I'm still a beginner (because I haven't gotten funded from a proprietary trading firm), yet I have enjoyed the study of trading for many years now.

Thanks to my work with the trade assistant, I've been able to put together indicators based on strategies taught by teachers who were successful Traders.

As the saying goes:

“If you want to be successful, then work with people who are successful.”

I have been working with AI platforms the recent month, and the chance to build has been a blessing.

The trade assistants (Smart Trader AI, and "Quant" - Luxalgo) teaches proven strategies, and emphasizes knowing what times to trade because of Institutional Behavior.

I like to call it the conversations chats with "Coach".

Why give names or create titles to describe approaches to Trading (I.B.T. etc...)?

For a lot of people, the beginning of Learning Trading is something to get the mind focused on, or a sense of belonging.

Trading is definitely something that people can share.

Something that elevates above the hyper partisanship of the world drama.

Cool. Onwards and upwards. Peace.