

Peace – here is a PDF about letting the “Universal MFB Flow/Sweep/FVG-123” send signal alerts for trades.

A few choices for time windows, depending on a person’s schedule:

I am working with MNQ – the symbols have to be checked as “the current symbol” with “cmegroup.com” before every session. (type the symbol in the search bar)

**High Probability Trading Windows** are as follows (choose one or two):

1) **2:00am to 5:00 a.m. EST** “London open” -

Institutional behavior often sweeps Asia session key levels.

2) **7:00 to 9:00 a.m. EST** - Pre-market - The highest volume manipulation. Overlaps with London session. Overnight positioning adjustments. New capital joins the market. Note London session price moves. What direction did price expand during 2 to 5 am EST? The NY session often reverses through the London expansion. 7am EST is a good time to check the markets.

Be careful at 8:30 a.m. EST, because there is often economic news, which creates price spikes that may get in the way of trade setups. (there is debate about that subject, yet I try to avoid the news spikes)

3) **9:30 a.m. to 12:00 a.m. EST**

Watch for sweep and reversal patterns, especially if there was an expansion of price during the London session. Profit taking from the London session causes big price moves.

4) **1:30 p.m. to 3:00 p.m. EST - "Afternoon Repositioning".**

Often clean setups. Less volume – easier manipulation.

5) **7 p.m. to 8:30 p.m. EST – “Tokyo open”**

Here are a few charts:

5 min chart, and “Universal MFB...” signals. Easy breezy :O)





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