<u>I.A.M. – Trading Plan (4 week test Devotion ideas)</u>

Intentional - Architectural - Motivations

<u>Journal each day</u> what strategy you motivated.

1) **5 min chart Key level RSI Divergence and CISD "Moderate Frequency Trading" strategy** – (Already "It's own framework") – *I will be testing this for 4 weeks – MNQ only.*

2) **CISD – 5 min and 1 min charts Sweep/Arrow or FVG-123 for Trade Entry** strategy **–** *I will be testing this for 4 weeks – MNQ only.*

(an extra quick "Peace note" – Call the strategies what U dig, and "make the process your own", or not. I just find that giving a creative name brings good energy to the trading experience. All love. Peace)

Each strategy is an Architecture – **Knowledge of Self**

"Look, Listen, Observe, Respect"

Let the market unfold, and practice patience.

I like the idea of **"Supreme Mathematics"** – everyone has their own interpretation of "Do the math" – (I know there are ritualized religious certainties that bring people comfort – like any belief system – and Human religious systems tend to be very rigid – often missing the point of faith in a Higher Power or Fellowship)

To me – Mathematics is "adding and subtracting" – positive and negative -

Meaning…

“Knowledge of self” for my trading journey is “look, listen, observe, respect” – I have “observed” that I tend to be creative and “System switch” too much –

The Mathematics of it all, is to devote to the Mechanical Process, and not system switch.

An “Inner Knowing” –

“Knowing” - U R creative (as a “Divine Life Self”) and U tend to “system switch”. Stay Devoted to keep the flow, also to find a winning strategy.

Find the peace “Flow State” – Respect that –

Be creative in journaling, Art, Prayer, and other motivations – keep the mechanical trading process devotion – trade the process consistently, which has been known to help many people learn to live the life U want –

The **“Trading in the Zone”** book teaches:

D.A.U. – Devotion-Accept Uncertainty (sounds like “Tao” - Ohmmmm)

1) **Devotion** to a mechanical process

2) **Accept Uncertainty** – A.U. – “Hey U” :o) Time for Knowledge of Self –

I am practicing **“Devotion to the mechanical process”** and to **“Accept the Uncertainty”** of trading –

The “Certainty” of a mechanical process is freedom. Freedom from the never ending “system switch” life, that is common in the trading community – its often exhausting, non-productive (though very creative)

I take comfort knowing that, the strategy I am motivating is my having **“Architecture Awareness”.**

<u>If I devoted to the process, then I won for the day. If not, then I need to have a “Knowledge of Self” moment – All Love - peace –</u>

Patience is the EDGE –

The Process is the peace - “Know the peace – Be strong”   :o)

A quick – “Universal Council for Higher Consciousness” narration:

<u>“Ok, thanks – Now that we KNOW that Knowledge of Self is key, then what are the strategies we are Devoting to and journaling friend?”</u>

Here are the Strategies I will journal – (there are lots of “Proven” strategies to “make your own” and that is encouraged – yet, devotion is the key – not creating new creative “perfect” indicators, yet adjusting an indicator to make the “mechanical process” flow state “Hattnin”)

Strategy #1:

5 min chart Key level RSI Divergence CISD or “Sweep FVG-123” strategy – (Already “It’s own framework”)

5 min alerts to set on Tradingview:

“RSI Divergence” on “MFB – Value Acceptance”

“CISD/Key Level FVG” *on* “Universal MFB Flow/Sweep/FVG-123 Setup”

1) **Wait for an RSI Divergence signal, CISD, or “Sweep” FVG-123 to print at key level** – Make sure that the RSI Divergence, and CISD are both green or red, and the “Sweep” FVG-123 is in the direction of the RSI Divergence.

2) **If both indicators are in agreement, that is a Valid trade entry –**

   1 to 2R, trail stops to each successive FVG – NO TAKE PROFIT –

   Only Stop loss – That is how to maximize trades.

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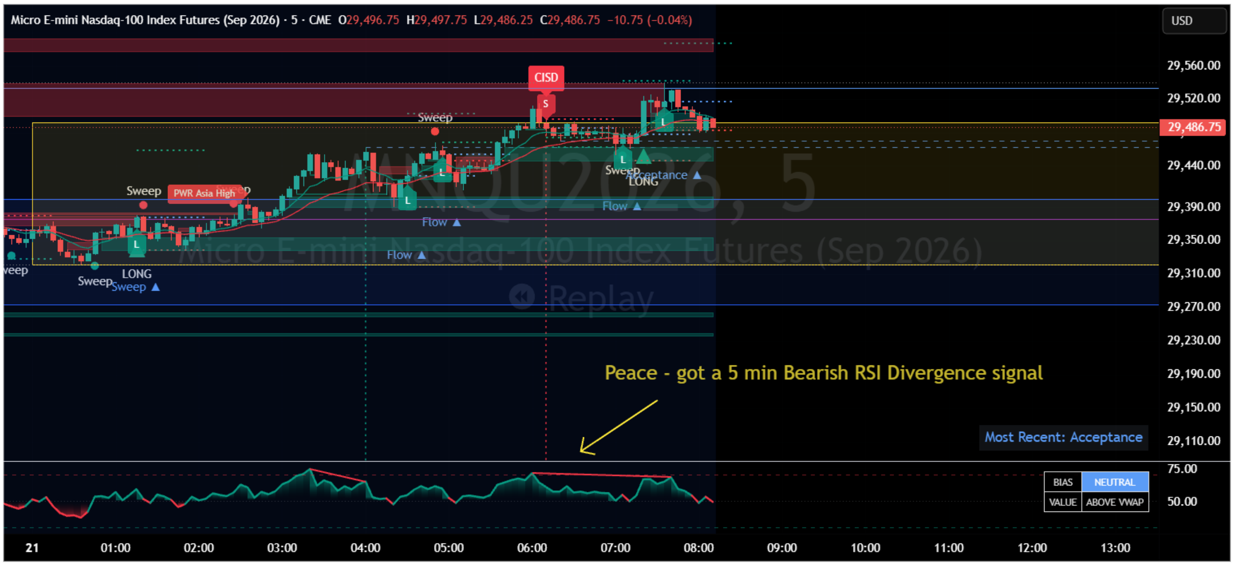

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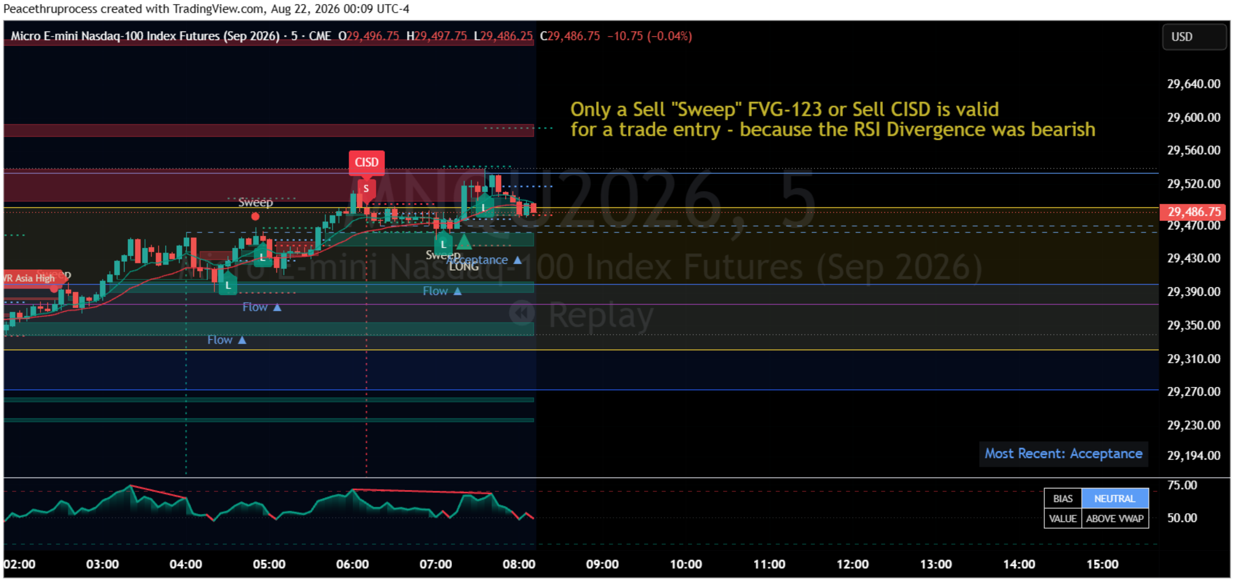

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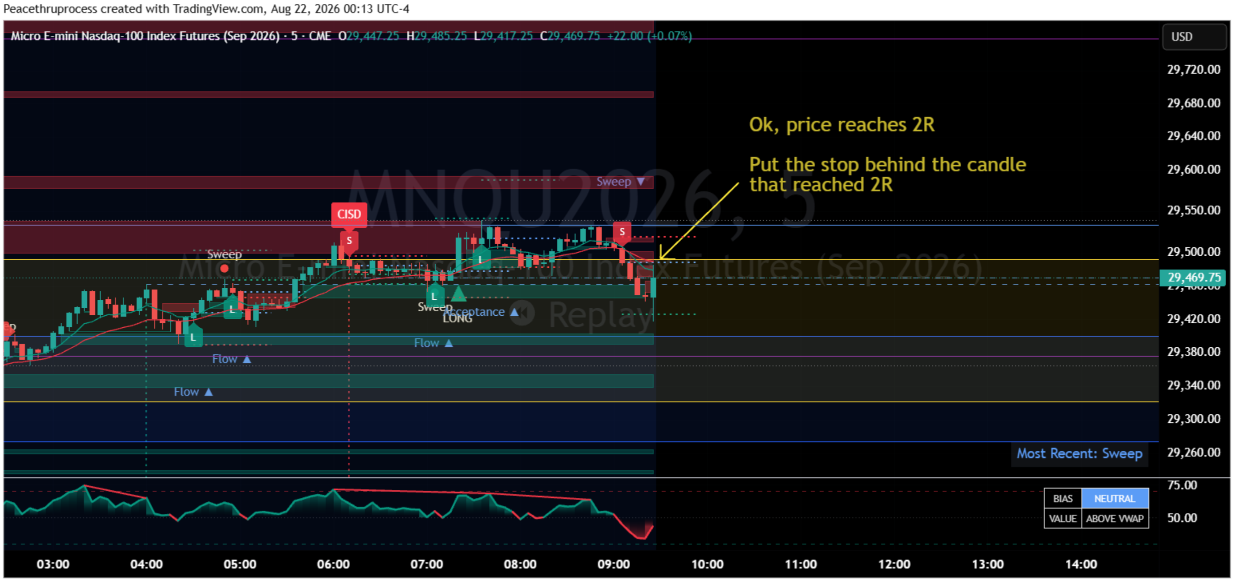

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TradingView

Strategy #2:

This one works with a 1 min trade entry for Air Support –

Strategy # 1 is proven, yet I thought to share this, if anyone prefers the 1 min Trade entry - Peace

CISD – 5 min and 1 min charts strategy:

Here is the strategy checklist:

5 min alerts to set on Tradingview **“Universal MFB…”**:

“5 min bullish CISD” and “5 min bearish CISD”

Be patient – Patience is the EDGE –

1) Wait for price to reach a key level, and then a **5 min CISD signal to print** (Tradingview will alert) with the “Universal MFB Flow/Sweep/FVG-123” indicator

   IF a CISD – then may set the **1 min “Bearish” or “Bullish” “sweep entry confirmation” alert on “MFB – Liquidity Sweep HTF” indicator** according to the CISD (being bullish or bearish) – or just wait if there is a sweep and arrow in the direction of the CISD.

   ----may also set the **“Universal MFB…” Buy or Sell FVG-123** according to the CISD direction.

2) On the 1 min chart, patiently wait for a **<u>liquidity sweep arrow</u>** with the “MFB – Liquidity Sweep HTF” indicator –

   (Again, a “Universal MFB..” FVG-123 vib’d person, may prefer the **FVG-123 entry** on 1 min after a 5 min CISD – if that is the “chosen” 1 min trade entry for the day, then journal it)

The point is that **with the 5 min CISD**, we are then **waiting for a 1 min sweep and closure**, (or 1 min FVG-123) to enter the trade in the direction of the CISD.

3) Verify that the VWAP-9-20 EMA flow is “in agreement” with the CISD.

4) Stop loss is behind the 5 min CISD candle. (move stop with FVGs)

Risk management is the key - Same as Strategy # 1

No take profit line needed –

- **<u>only stop loss behind the CISD on the 5 min chart-</u>**

1 minute chart for trade management - The 1 to 2 R rule is good –

When price reaches 2R then move the stop loss to the nearest FVG.

Then move stop to each successive FVG.

Only a buy 1 min “Sweep/Arrow” or FVG-123 is a valid trade entry.

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Part of trading is being patient when there is no1 min trade entry, then no trading – peace.

Ok – something important to address:

Question 1)

– *<u>“Can’t we just trade the Momentum Change - 1 min chart liquidity sweep and arrow, if the market is trending?”</u>*

Deciding “trending” based on the slope of the VWAP and EMA’s is “subjective”, and not mechanical enough (to me).

A mechanical process is the peace.

The 5 min CISD is structural – a stronger and higher probability market event.

Question 2)

"Is there a strategy where we could check the charts less frequently, because screen time is often no fun, and sometimes unsettling to the day?"

Yes – Strategy #1

Any strategy is a "requires patience" strategy, and the challenge is "Knowledge of self" (don't system switch) – Peace.

An extra note about 5 minute candle displacement at key levels:

An energetic displacement beyond the key level could always still be manipulation.

Displacement at a key level is not the same information as a sweep of a key level with a 5 min chart CISD.

A sweep reversal event at a key level tells us what price intended to do, and then it reversed.

Cool. Onwards and upwards. Peace.